



STORY STICKS

Turn your walk into a story!

MATERIALS

- 1 A stick or strip of cardboard
2. Wool, string or double-sided sticky tape
3. A Pen

Story, or journey, sticks is a practice created by Aboriginal people in Australia and certain Native American tribes as a way to easily recall and retell the events of a journey.

What to do:

- Gather the materials listed above.
- Go for a walk and look for things that interest you or mark significant points of your journey.
- Draw what you see or pick the item up and tie it on the stick (if safe).
- When you get home tell the story of your journey using the images and items on your stick as bullet points to jog your memory.

